

# COUNSELOR-IN- TRAINING (16)

## YMCA CAMP SANTA MARIA



### SAMPLE DAILY SCHEDULE

**7:30am:** Wake up in Traditional Camp Cabin

**8:30am:** Breakfast

**9:15am:** Assist in Facilitating Shared Responsibilities

**10:10am:** CIT Activity Planning Session with Leadership Mentor and Leadership Development Program Manager

**11:05am:** Morning Snack

**11:15am:** Assist in Chosen Specialty Area such as Archery

**12:30pm:** Lunch

**1:30pm:** Siesta

**2:40pm:** Shadow a Cabin of a Different Age Group in the Same Specialty Area

**3:40pm:** Afternoon Snack

**4:00pm:** Option to Work with Interns or Continue in Specialty Area

**5:30pm:** Dinner

**6:15pm:** Shared Responsibilities & Prepare for Evening Program

**7:00pm:** Assist in Leading Evening Program with other CITs and Interns

**8:00pm:** Assist with Younger Cabin Bedtime

**9:00pm:** Sneak Out with other Leadership Campers

**9:30pm:** Get Ready for Bed & Assist in Leading Embers

**10:00pm:** Lights Out