

NATURALIST OUTDOOR ADVENTURE (12-14) YMCA CAMP SANTA MARIA



SAMPLE DAILY SCHEDULE

7:30am: Wake up at Tent Town

8:30am: Breakfast at Basecamp

9:15am: Shared Responsibilities

10:00am: Safety Briefing and Activity: Wildlife,
Lightning, Group Safety

11:00am: Morning Snack Picnic Style

11:15am: Gear Chat at the Gear Garage, Pack
for 3 Nights in the Backcountry

12:00pm: Lunch at Basecamp

1:30pm: Depart for Bear Caves

3:00pm: Snack on the Trail and Leave No Trace
Applications Chat

4:30pm: Arrive at Bear Caves, Set Up Camp

5:30pm: Safe Backcountry Cooking & Dinner

6:30pm: Review Water Filtration & How to use a
Bear Bag

7:00pm: S'mores

7:30pm: Review Safety at Night in the Backcountry
& Good Practices

8:00pm: Debriefing the Day and Plans for Tomorrow

8:30pm: Optional Sunset Viewing

9:00pm: Get Ready for Bed & Embers

9:30pm: Lights Out