

OUTDOOR DISCOVERY (7-9)

YMCA CAMP SANTA MARIA



SAMPLE DAILY SCHEDULE

7:30am: Wake up

8:30am: Breakfast

9:15am: Shared Responsibilities

10:10am: Fundamentals of Climbing
Activity; On the ground knot skills

11:05am: Morning Snack

11:15am: Plant Identification &
LNT Hike

12:30pm: Lunch

1:30pm: Siesta

2:40pm: Canoeing on the Lake;
paddling skills

3:40pm: Snack

4:00pm: Swimming at the Pool

5:30pm: Dinner

6:15pm: Shared Responsibilities &
Prepare for Evening Program

7:00pm: Campfire

8:30pm: Get Ready for Meadow
Sleep Out, Embers

9:00pm: Lights Out